

WIN A HEAD-TO-TOE MAKEOVER & BEAUTY LOOT!

allure

THE BEAUTY EXPERT

SPECIAL SECTION

**LOOK
YOUNGER
NOW!**

97 TIPS

On the Best Sleep Solutions,
Skin Vitamins, Flab Blasters & More

Fresh-Faced Makeup
Rosy Lips, Flushed Cheeks

**AGE-DEFYING
BREAKTHROUGH**
No Needles, No Peels, No Laser

**NICE
HAIR!**

30-Second Styles

**THE 70-SECOND
WRINKLE ELIMINATOR**

WHAT IT IS: Lasers can burn, Intense Pulsed Light can redden skin, but **GentleWaves Select** has neither of these drawbacks. This device is a smaller, more portable version of **GentleWaves**, the light-emitting diode (LED) machine cleared by the FDA last year for diminishing the appearance of eye wrinkles. (Some doctors believe it can also reduce pore size and speed wound healing.) This compact model—intended for spas operated by physicians—emits the same strength of pulsing yellow light as the original, and it is just as effective. The only difference is that the larger version treats the whole face in 35 seconds, whereas this one can treat only half the face in that time.

HOW IT WORKS: The light stimulates skin cells to produce healthy, new skin-plumping collagen and slow the breakdown of existing collagen. When study subjects were exposed to this light twice a week for eight weeks, they had a measurable improvement in fine lines and wrinkles. Research has found that a rest period between sessions is important for effectiveness.

WHEN AVAILABLE: This medical-spa version was just released in March. According to some doctors, an at-home version is on the drawing board.

USA \$2.99
CANADA \$3.99
FOREIGN \$3.99

