

LIVING WITH CANCER
A Model's Will to Survive

VOGUE

THE AGE ISSUE

STYLISH & INSPIRING
LIVES FROM 8 TO 81

gentle waves

20
at 30

The progressive "bottled light" technology contained in all of her new products was developed with combating these problems in mind. It is modeled after GentleWaves L.E.D. Photomodulation, the recently FDA-approved "lunchtime" treatment in which a narrow band of light diodes pulsates across the face for 45 seconds at a time, producing firmer, plumper, more elastic skin over a series of sessions. ("I have patients who are enjoying it more than Botox and fillers," says Wexler. "Tory Burch had it done, and within weeks, ten of her friends came in asking for the same thing.") The treatment works by "shutting off" the harmful matrix metalloproteinases (MMPs)—enzymes in the skin, significantly higher in postmenopausal women, caused by environmental insults like UV exposure—which hinder collagen and elastin production.

"Studies have shown that not only was less collagen and elastin breaking down with GentleWaves, but that more was being produced," she says.

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What do P. Diddy, Tory Burch, and Donna Karan have in common?

They all trust their skin to the Manor
Patricia Wexler, M.D.

THE SECRET TO TIGHT, TONED ARMS
(It's Not Just Exercise)

THE SECOND SEXUAL REVOLUTION

Heating Up the Bedroom at Any Age

Y LAST TIME

of the Manor